





The Funriser

Apr 14, 2025

Meetings 6:45 a.m. Wednesdays – Tandy YMCA, 51st and Yale "The Magic of Rotary"

Weekly meetings: Wed at 6:45 AM Tandy YMCA at 51st and Yale & Zoom

Zoom Meeting Specs:

https://us02web.zoom.us/j/89035476180?pwd=MIRGZFZ1RDZTUzR3VjBrcU42cC9Ddz09

Or phone in: (346) 248-7799. **Either way**, Meeting ID:

890 3547 6180 Passcode: 359431

This Week's Speaker & Program

Program: Rotary International Foundation.

RoD: Megan Korn

Future Programs

Apr 23: Challenge Air, Alexis Higgins, CEO, Tulsa Airports Improvement Trust. RoD: Barbara Smallwood Apr 30: Big Brothers & Sisters, Cindy ?. RoD: Mark Welty

May 7: Program TBA. RoD: Joy Ondracek

Speaker/Program Preview

It takes money to get most of our service work done, both at club level and Rotary International level. This week, Bill Bowen will bring us up to speed on the latest and greatest at the RIF, and the myriad ways you can be involved.

This week's RoD: Bill Bowen by his own self

Retired (this time for good) in December after 35 years in emergency medicine.



Tulsa native, graduate of Edison, OSU and OU medical school.

Have been married to Karen for 30 years. Our three girls live in Tulsa which is the best

I see my grandson Robert (age 2) at least once a week which is way fun. Have

already signed him up for RYLA.

My Rotary journey began in Sherman Texas with the Grayson County club in 2003. by coincidence a friend from college was my next-door neighbor and he invited me to a morning club and away we went,

We moved back to Tulsa in 2007 and finding Sunrise was one of my first acts. The late great Paul Brauer was president.

I have held most of the club offices. and participated in a lot of projects.

My favorite project of course is being the camp physician at RYLA. New member fireside chats are also a favorite.

Away from Rotary Karen and I like to travel to places where we can fish, kayak and hike. Our favorite spot is the Pecos Wilderness in NM. Oklahoma state parks are also a frequent destination

I am also a volunteer physician at Special Olympics every Summer.

This is my first year as foundation chair and am still getting my feet wet trying to come close to filling Linda's shoes.

Ongoing Monthly Events

- 1st Tuesday (5/6): Club Board Meeting
- 3rd Thursday (4/17): Foundation Board Meeting
- 3 rd Saturday (4/19): Jenks Food Bank.

Other Upcoming Events

- Jun 7: MSNI work day
- Jun 26: Change of Ducks

From the Podium by Mike Bibby

- We had four Zoomers: Bob Archibald, Komi, Maggie Brown and Jim Conner.
- We had three visitors: Michelle Fox, Martha Howser and Coleen Sharp.
- Reminder that we work at the Jenks Food Bank on April 19th.

Last Week's Program by Mike Bibby

Our program was brought by Tony McMillan representing Miller Hospice. Tony is a veteran who served in Iraq during Desert Storm. He described the illnesses and conditions across eras of wars.

WWII conditions include malaria, PTSD and respiratory illness from exposure to toxic chemicals.

Korea conditions include exposure to freezing conditions, PTSD, and exposure to toxic chemicals such as Agent Orange. Agent Orange causes cancer and diabetes.

Vietnam conditions include those caused by Agent

Orange. It causes heart disease, hepatitis C,

neurological disorders and birth defects. Vietnam also caused moral injuries from lack of support when returning home.

The Gulf War Desert Storm resulted in Gulf War Syndrome including fatigue, headaches, joint pain, memory loss. Tony also



described the problems resulting from sand fly bites. Iraqi Freedom caused chronic pain from injuries and PTSD. He said IEDs caused traumatic brain injuries.

Afghanistan injuries include PTSD, exposure to toxic chemicals from burn pits, chronic pain and cancers.

Miller Hospice provides care and treatment for all the war related problems. They are a non-profit and are able to serve those unable to pay.

Pot of Gold

Bill Lawson's purchase of several tickets got him the winner, but it didn't help him pull the joker. The Pot of Gold has grown to \$209.

2024-25 Sunrise Foundation Board Members

President: Rich Orvis
Vice Pres: Carolyn McGhay
Secretary: Scott Cyrus
Treasurer: Joy Ondracek
Past President: Mark Welty
Board Member: Bill Lawson
Club Liaison: Bobby Schultz
Board Meetings:
(unless change notified)
Virtual via ZOOM
3rd Thurs ea month, 6:30P
https://us02web.zoom.us/j/884278
08006?pwd=Vyt
NVUh6Q3QwU3cwWS9QaFprdW5
kUT09

Meeting ID: 884 2780 8006 Passcode: 441273

More Thank Yous



Birthdays & Anniversaries this week

Birthdays: Kaia Holder (4/14); Megan Korn (4/15)

Rotary anniversaries: None Wedding anniversaries: None

Words to Live By

I am not a product of my circumstances. I am a product of my decisions. - Stephen Covey

Keep Laughing

- What's the best way to make a small fortune in the stock market? Start off with a big fortune.
- Rolling out of bed is easy. Getting off the floor is another story.
- To make an error is human, to blame it on someone else shows management potential.

Contact Us

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Funriser Publisher's Statement

The Funriser is the official weekly newsletter of the Rotary Club of Tulsa Sunrise, published via email each Monday morning. Back issues may be found on our website:

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Editor/Publisher: Kit Sprague <u>bluedot1967@gmail.com</u> Information submitted for publication should be sent to the Editor by Sunday noon for inclusion in that week's issue.

2024-25 Sunrise Club Board Members

President: Jeff Roberts
Vice Pres: Bobby Schultz
Past President: Megan Korn
Secretary: Linda Ortega
Treasurer: Randy Coffman & Kit Sprague
Sergeant-at-Arms: Andy Leithner
Dir, Club Svc: Reilly O'Hara
Dir, Community Service: Martha Lowe
Dir, Vocational Service: Tim Holder
Dir, Int'l Service: Gifty Benson
Dir, Youth Service: Jessy Poole
Board Meetings:
5:30P 1st Tues ea month
Hardesty Library

2024-25 Sunrise Committee Chairs

Membership: Barbara Smallwood
Website: Carolyn McGhay
Newsletter: Mike Bibby & Kit Sprague
Family of Rotary: Kay Hays
Programs & RoDs: Maggie Brown
Engagement: Bill Lawson
Membership: Barbara Smallwood
RI Foundation: Bill Bowen
Roster: Kit Sprague
Meeting A/V: Tim Holder
Parliamentarian: Kit Sprague
Historian: (vacant)
MSNI: Gifty Benson
PMails (Blasts): Kit Sprague